



Spore-Addict Times

The Newsletter of the Pikes Peak Mycological Society

May 1993

Planning to preserve

by Grazyna Benda

Have you ever wondered what you are going to do with all the mushrooms you will find this season, besides sharing them with those less fortunate folks who have not found any? If you like those wild delicacies all season around, then you might give some consideration to preserving them. There are many methods; drying seems to be the most popular. Some of us may have even discovered new ways of preserving a particular species of fungus—perhaps a method which has not been described and shared with the rest of us fungophiles. If you have made such a discovery please submit it to the newsletter.

Antonio Carluccio's book *A Passion for Mushrooms* [Salem House Publishers, 1989] has a

chapter on preserving wild edible mushrooms. This is the most comprehensive preserving information I have found [and it's available from the PPMS library—Ed]. The author identifies specific species for freezing raw (such as *Boletus edulis* and *Agaricus* species) and freezing in butter. Other methods include salting, freezing duxelles (in ice cube trays for convenient portions), pickling in brine, and pickling in oil. It is even possible to make a mushroom-flavored salad oil. A good way to flavor soups and sauces is to make mushroom extract and keep a bottle of it in your refrigerator. The book also contains some good tips on how to reconstitute frozen mushrooms and how to use those pickled wild mushrooms as superb appetizers and in salads. Yummy!

First foray enjoyable

On 8 May, approximately ten members and guests journeyed to Beaver Creek for the first official PPMS foray of 1993.

Despite a scarcity of fungus—some dried *Pleurotus* and a few morels of both the dark and light species—everyone enjoyed a day of hiking in pleasant spring weather.

It might have been a little early for the morels at Beaver Creek, but recent rains and the discovery of a couple of black morels in Black Forest on 15 May suggest that future forays might be more fruitful.

Meeting News

Bill Forbes will be the speaker. He is the Finishing Services Representative for Robert Waxman Camera and Video. Mr. Forbes will bring camera equipment and demonstrate how to use the equipment to get the best pictures possible.

Mr. Forbes has thirty years of photographic experience as an amateur, semi-professional, and professional. He works with 35mm format and medium format on still cameras, and with 16mm movie and video cameras. He has done aerial photography, underwater photography, weddings,

continues...

24 May
Monday

● PPMS meeting.

● Program on mushroom photography by a professional.

7:00 p.m.

Junior League office

Spore-Addict Times

P.O. Box 7432
Colorado Springs, CO 80933-7432

Spore-Addict Times is published monthly from April through October by the Pikes Peak Mycological Society. Submissions of articles, book reviews, letters, artwork, recipes, and ideas are encouraged.

The Pikes Peak Mycological Society is a non-profit organization dedicated to advancing interest in, and understanding of, the field of

mycology. Membership is open to all persons interested in mycology. Annual dues are \$10 for individual and family memberships.

President..... Dan Lacy.....(719) 636-2470
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Treasurer.....Lori Ligon.....(719) 635-2213
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Newsletter Editor.....David Watson.....(719) 593-9912

Stems & Pieces

Overnight foray scheduled

The overnight foray this year will be to Creede during the weekend of 28-29 August (one week after the annual PPMS picnic). Participants must make their own arrangements for lodging or camping and are advised to do so soon. Details will be discussed at the May meeting.

VP nominated

At the most recent PPMS board meeting, Lee Barzee accepted a nomination for the office of PPMS vice president. Come to the May meeting to vote her in and thank her for her dedication to the Society.

Liability waivers required

If you have not yet signed the PPMS Liability Waiver, you must

do so before you may participate in any Society-sponsored forays. Copies of the waiver form will be available at the May meeting. You should return the completed form to PPMS secretary Annette Campbell. Annette will also have a list of members who have already signed the waiver.

Membership renewals due

PPMS dues are still only \$10 for an individual or family membership. If you haven't

yet paid, please mail your dues to the treasurer:
Lori Ligon
2394 Stepping Stones Way
Colorado Springs, CO 80904

You must pay no later than 8 June to ensure that you are included in the 1993 membership list.



*Morchella
esculenta*

AMC

Meeting, continued

portraits, conventions, nature, and scenic photography. He has also operated one hour processing labs as well as maintained a personal darkroom for enlargements and special work.

Photography is an important part of mushroom mania. To learn about photographing mushrooms close up (and snapping candid shots of fellow gatherers at forays) be sure to attend our next meeting on Monday, 24 May at the Junior League office, 2914 Beacon Street at 7:00 p.m.

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Lee Barzee

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