



## SPORE-ADDICT TIMES

### PIKES PEAK MYCOLOGICAL SOCIETY OF COLORADO SPRINGS OCTOBER 1985 NEWSLETTER

The meeting for the month of October will be held at 7:30 PM in the Rastall Center at Colorado College on Monday the 28th. The program is yet to be determined at the time of this newsletter. There is one element of the next meeting that is known however, there will be a raffle for fund raising. The treasury is depleted from the purchase of the new projection system and funding is required for club operation. The program last month by Art Zanon was excellent and the club wishes to thank Art for his efforts. The quiz Art gave was very interesting and fun to boot. Art brought as a prize a beautiful work of art (pun if any to be ignored) which was won by your editor (it was an open book test!). Art in his presentation emphasized many practical aspects of identification. We were fortunate to have a few interesting specimens, one choice edible and one quite poisonous, both occurring within several feet of each other from a local front lawn area and both of the *Clitocybe* genus. The former, will be the mushroom of the month.

**IDENTIFICATION TIP OF THE MONTH...**An easy-to-identify species and one relevant to this time of year (and earlier) is the *Lepista nuda* or woods blewit (*Clitocybe nuda*, *Tricholoma nudum*). This species is easily recognized by several characteristics, in the main by its lavender color and fruiting time, late summer and fall. It has pinkish buff spores cast from lavender gills. It is a choice edible and is quite fragrant. The cap is 2-4" in diameter, lavender when young but fading to a pinkish buff at maturity, rounded with inrolled edge in youth, moist, smooth and hairless. The flesh and gills are also lavender becoming pale with age. The cap sometimes has a low knob and ages flat with uplifted, wavy edge. The stem is 1-3" in length, the same color as the cap and may be bulbous at the base, rusty brown in color with a few white hairs on the lower part. It occurs singly or in groups (cespitate), in leaves and needles around conifers or hardwoods, may be in bark, sawdust or compost. Gills are adnexed. I have been fortunate in having a fruiting area in the front of my house where every few days a new crop occurs, even in the cold weather we have had this month.

Our president has returned at last and with some pressure may agree to share with us some of her newly won knowledge. Lee tells me that the class in Montana was excellent but that there too dryness prevailed and the fruitings were minimal. Lee will certainly put together a program for us in the future of her experiences this past summer. We are very grateful to Dennis for stepping in in Lee's absence and arranging programs and to Mike and Dennis for their efforts to organize field trips.

**CULINARY CORNER...**Recipe from the Denver bulletin (Puget Sound Myco Soc)

#### **MUSHROOM MORSELS: *Boletus edulis***

##### Steamed Chinese Chicken

Dried *Boletus*

1 pound chicken breast, sliced julienne

1 teaspoon fresh ginger, cut in fine slivers

2 tablespoons Japanese soy sauce

1 tablespoon sesame oil (or peanut or vegetable oil)

salt to taste...mix all ingredients, place in steamer for 20-25 minutes

Noel Damon....editor